



FRYSCKy BUSINESS

*The Official Newsletter of the Family Resource and Youth Services Coalition of Kentucky, Inc.
Bridging Barriers and Changing Lives Since 1991*

Winter 2019

Every Student, Every Day – Whatever It Takes!

by Paula Hunter, President, FRYSCy, Inc.

Nicholas County (KY) • First of all, I would like to welcome all the new coordinators to our FRYSC Family. You are part of a wonderful group and you will be blessed in your job as much as you bless others. We are so happy you are part of our family. As many of you know, I like to tell motivational stories to help others and I also like to read them. This one is based on personal experience, but gives some insight into things we go through on a daily basis.

Five years ago, I went for my routine colonoscopy at age 50 and they found a mass. I had to have a right hemicolectomy. Thank goodness it was benign, but I still had to recover from the surgery. My grandsons had been collecting walnuts on our farm to sell to make Christmas money and it was the last day to sell them soon after I got home. I had been home from my surgery for four days. My husband, Randy didn't want to leave me home alone, so I rode with him in the truck to take them to sell about ten miles from my house.

It was a warm November morning and I sat in the truck as Randy unloaded the walnuts into the huller. I sat on the passenger side with my window down. Two ladies walked beside the truck and saw me sitting there while he was unloading them. One of them remarked "She must think she is the Queen of England" as they laughed. I didn't think the comment warranted a response.

However, I started thinking. They didn't know what I been through and they were making assumptions based on my appearance. Sometimes in our lives we don't realize what others are going through and we shouldn't base our opinions or ideas on their appearance or opinions that others may have.

We deal with students/families/faculty/friends every day. We don't always know what they are going through in their personal life. I live in a very small community and sometimes everyone seems to know everyone else's business. But yet when I need something at school for my kids/families or center they are always there for support. Your community partners are your best assets. And as I have learned over the years, each student/family is unique and has their own set of circumstances. Take time to know your families and their situations. Speak at your community meetings and churches. Let them know about FRYSC.

We have an amazing reputation in Kentucky, and it's because of the hard work and dedication that you give to your jobs. Our motto is "Whatever it Takes" and we have to be creative sometimes. And our school motto this year "Every Student, Every Day" also fits into our program. Thank you for all you do.



What FRYSCky membership does for you.

Give Me 5 Good Reasons Why...

1. In 2015, FRYSCky advocated and received an increase of \$1,000,000 in funding.
2. Advocacy, Receptions, Legislative Meetings, Committee Meetings, and Special Projects by FRYSCky take 2,065 hour yearly to coordinate.
3. FRYSCky advocacy efforts lead to restored funding in 2018.
4. Advocacy at the Capitol - the FRYSCky Public Policy Committee averages 75,000 steps per year at the Capitol equaling 35.51 miles walked on your behalf each year.
5. FRYSCky advocacy efforts lead to increased funding for centers in 2019.

BONUS: You are eligible for \$500 scholarship grants to attend state and national trainings through FRYSCky.



Your annual membership payment is an investment to support the strength of FRYSC statewide. Advocacy and communication about the value of our program is a never-ending task starting with YOU at the local level and including the COALITION work throughout the year.

JOIN TODAY
www.fryscky.org/join-us/

FEATURE ARTICLE

“Rise” and Shine: ESP National Award Seeks Congressional Approval

Reprinted from NEA Today Newsletter

<http://neatoday.org/2019/01/17/rise-award-seeks-congressional-approval/>

A bill introduced during the first week of the new Congress directs the Secretary of Education to establish an award that acknowledges the role education support professionals (ESP) play in promoting student achievement, ensuring student safety, and helping to establish a healthy school climate in grades preK-12.

Although the RISE (Recognizing Inspiring School Employees) Award Program bill (H.R. 276) arrives on Capitol Hill amid intense gridlock, strong support from the bill’s sponsor, Democrat Rep. Dina Titus of Nevada, and 21 co-sponsors gives many ESP hope they will finally receive a type of national recognition on par with teachers.

“There are almost 3 million ESP working in our nation’s public schools and colleges who make a difference every day in the lives of their students,” says Sherry Shaw, 2018 NEA ESP of the Year. “They need to be recognized for their above-and-beyond acts of heroism.”

One of every three public school employees is an ESP with more than 75 percent ensuring student and school safety. According to NEA research, almost 50 percent of ESP have an associate’s, bachelor’s, or more advanced college degree. In addition, more than 60 percent have taken college courses, while others (51 percent) have taken job-related classes, or have earned education-related certificates and licenses.

“ESPs choose public education as their career,” says Dan Kivett, a security officer at Citrus Valley High School in Redlands, Calif., and president of the Redlands Education Support Professionals Association (RESPA). “They have to train and attend school in order to maintain a high skill and knowledge level just like those in other professions.”

Above and Beyond the Call

Kivett says many ESPs are also student mentors, athletic coaches, community volunteers and organizers. According to NEA, 35 percent of ESP volunteer to read books to students while 70 percent assist children in their communities with clothing, food and other necessities.

“And all of this is done without much recognition,” says Kivett, a member of the NEA board of directors with 19 years of public education experience. “They are the gears that keep school operations moving.”

More than 65 percent of ESP donate money out of their own pockets to help students purchase classroom materials, field trip tickets, and materials for science and other class projects. The average ESP donation: \$217 per year.

“The RISE award would draw some attention to the level of our professional training, mentoring, volunteerism, and how much we love our kids,” says Shaw, a special education paraeducator, coach and mentor at Tanaina Elementary School in Wasilla, Alaska. “Some parents know that ESPs go the extra mile for their kids, but not all administrators acknowledge it for some reason.”

Of NEA’s 3 million members, almost 500,000 are ESP represented in the following nine career categories:

- Child nutrition services
- Clerical services
- Custodial and maintenance services
- Health and student services
- Paraeducators
- Security services
- Skilled trades
- Technical services
- Transportation services

“We don’t necessarily need an award for the work we do, but it would be nice to be recognized for all of the extra effort we put forth on behalf of students,” says Mary Ann Rivera, a paraeducator at [Lyons Township High School](#) in Western Springs, Ill.

When Rivera goes shopping, it is a given she will buy gloves, socks, hats and other items for students in need. It is also normal operating procedure in her school district for ESP to organize dozens of care packages for students from low-income families.

“Thank goodness for discount stores,” says Rivera, an NEA board member.

“ESPs work just as hard as all educators, side by side with teachers,” she adds. “In classrooms, paraeducators are an extra set of eyes, trained to help students learn their lessons well. We are not volunteers as in decades past. This is our career.”

Overdue Recognition

In Kentucky, Lakilia Bedeau is director of the [Tornado Alley Youth Services Center](#) at [Paducah Tilghman High School](#). She says Congress should acknowledge the essential services that ESPs provide by approving the bill.

“The award is long overdue,” says Bedeau, an executive committee member of the National Council for ESP ([NCESP](#)), which advocates for ESP from within NEA assuring that specific ESP issues and interests are integrated in NEA programs.

Like youth services staff across the nation, Bedeau helps students with everything from medical and other referrals for social, physical and mental health services to intervening during family crisis situations and providing hygiene products, school supplies and other daily necessities students would otherwise go without.

More than 65 percent of ESP donate money out of their own pockets to help students purchase classroom materials, field trip tickets, and materials for science and other class projects. The average ESP donation: \$217 per year.

“Like the majority of ESP, my team is on the front-line assisting students with everyday needs,” says Bedeau, who has worked in education for 10 years.

By working one-on-one with students, Bedeau says a level of trust and confidence can develop which helps keep students interested enough in school so as not to drop-out.

“We empower students by removing non-academic barriers, encouraging them to explore career opportunities and reach their full potential,” she says. “We build critical relationships that ensure students are safe and successful regardless of their socio-economic status.”

Rivera says though it takes time to gain the trust of students, the reward is “priceless.”

“When they first meet you, they might hate you,” says Rivera, an NCESP executive committee member. “But it’s not personal. You encourage them to do well by showing and telling them that they are valued and smart, and by the end of the year they love you.”

After more than 30 years of working for public schools as a paraeducator and school bus driver, Ernest Jameel Williams is encouraged by the proposed bill despite the divisive state of national politics and past failures by Congress to pass legislation that would acknowledge ESPs same as their colleagues are with the National Teacher of the Year Award.

“People have worked hard over the years advocating for an award like this,” says Williams, the 2011 NEA ESP of the Year. “Congress should once and for all pass this bill that acknowledges the hard work, dedication, skills, and expertise of ESP.”

Williams, who is a Reach Associate at [Zeb Vance Elementary School](#) in Kittrell, N.C., says ESP not only help to teach students but “we are in the trenches when an emotional crisis occurs involving a student or their family. They depend on us.”

**SAVE THE DATE
APRIL 28-30, 2019**

JOIN US FOR THE

2019 Rural College Access & Success Summit

LEXINGTON, KENTUCKY

Register | Submit Presentation Proposals NOW!

Visit www.berea.edu/pfe/events/ruralsummit for updates.



Partners *for* Education
BEREA COLLEGE



“Cool group, what’s the cool group? I think there’s never a cool group. You just have to find the people like you.” Katie Bouchard Miss Kentucky 2018. Stevenson Elementary School 4th/5th girls.



Being the Voice for Kentucky's Children: Miss Kentucky Loves FRYSC

Hello FRYSCs,

My name is Katie Bouchard and I am the reigning Miss Kentucky 2018! I recently graduated from Western Kentucky University with a degree in Social Work. My personal platform is "Being the Voice for Kentucky's Children" I advocate for the Family Resource and Youth Service Centers across Kentucky and the needs of Kentucky's children.

As Miss Kentucky, I serve as the spokesperson for the Kentucky Department of Agriculture's "Kentucky Proud" program which encourages consumers of all ages to purchase products produced in Kentucky and to maintain a healthy and active lifestyle. I deliver this message to all age groups in schools throughout the commonwealth.

My goal this year is to reach every county in Kentucky. I am reaching out to you all to give you the information to book me at your school. I would love to come visit your community and students. For the schools systems it's completely FREE! The Kentucky Department of Agriculture covers every school visit. You can email my booking manager at (bookmissky@gmail.com) She will be able to give more information and will put your school on my calendar!

Thank you so much! I look forward to meeting each of you at the fall conference on Wednesday!

Thank you,
Katie Bouchard
Miss Kentucky 2018



Mark Comley Magic Show

Now Booking School Assembly Programs

The Magic of Reading

Great for Family Nights or Libraries. Mark does magic with an emphasis on reading!



Behavior Rewards Shows

This has been very popular lately. The students that show proper behavior are rewarded with an assembly program.



Silly Science Show

The Silly Science Show is designed to be fun and show the students how math and science can be fun. I'll even teach a magic trick to the students.



email: markmagic@aol.com Phone 859-621-8730

Anti-Bullying Show

No bullies are allowed in this show! Better yet, if they see this show, they are more informed how to deal with bullies. This is a powerful show with a message.



Testing Prep Show

If you want to see an improvement in test scores, book this show! Testing takes a lot of prep, and this show covers a lot of info.



Mission Nutrition

Mark magically shows the students how to make better lifestyle choices. The kinds of foods to snack on and the ones to avoid. A space theme completes this show!



Region 2 (Russellville Independent) • School and Community Celebrate Read Across America Day

by Carol Kees, Coordinator, Stevenson FRC



Russellville (KY) • The SES FRC coordinated volunteers for our Read Across America Day featuring school board members, our superintendent, school cafeteria employees, high school coaches, DARE officers, retired teachers, community leaders and members, and our high school's book club members - 42 guests in our 24 classrooms, reading aloud and enjoying every minute.





Visit www.fryscky.org

For news, data, resources, links to legislators, conference information, membership applications, scholarship opportunities, award nominations, and much more...

Follow FRYSC on Twitter

<https://twitter.com/FRYSCKy>



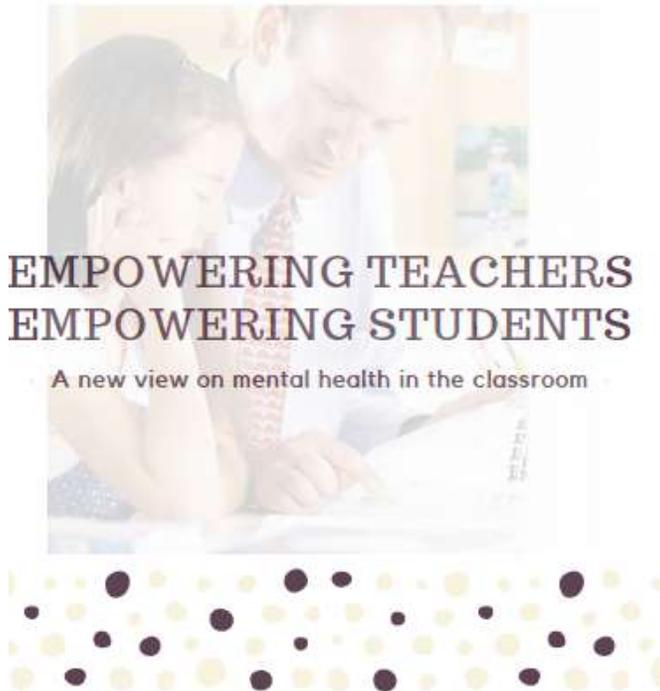
*Please follow our Twitter account @fryscky
If you have content you'd like to share on our account, please send it to Katie Morris at katie.morris@ky.gov*

Your shopping will support **Family Resource and Youth Services Coalition of Kentucky Inc.**



- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support your charitable organization by starting your shopping at **smile.amazon.com**.

Start shopping [here](https://smile.amazon.com/ch/61-1227454). <https://smile.amazon.com/ch/61-1227454>



EMPOWERING TEACHERS EMPOWERING STUDENTS

A new view on mental health in the classroom

PRESENTED BY:

Michelle Kixmiller, MSN, MAE, RN, APN, PMHNP-BC
Tami West, PhD

The Rationale:

Research indicates that teachers feel ill-equipped to help students with mental health needs, leaving them feeling inadequate, angry, and ineffective. Imagine giving teachers greater insight into the mental health needs of students, while also addressing their own self-care! Imagine teachers feeling more productive, more content, and having more time at the end of each day. In this powerful program, you'll learn why dealing with this issue is so important and how to comfortably incorporate techniques into your daily teaching routine.

The Mental Health Gap

Approximately 1 in 5 youth aged 13–18 experiences a mental disorder at some point during their life (For children aged 8–15, the estimate is 13%). These disorders range from anxiety and depression to bipolar disorder and schizophrenia. At one extreme, we're inundated with stories of bullying, cyber-bullying, suicides and school shootings, sometimes the result of mental illness. At the other extreme are stories of students who suffer in silence. And the teachers? Some struggle with mental illness themselves. Some have no understanding of mental health needs. Many are simply frustrated at being asked to deal with one more complicated issue. How are schools dealing with this crisis? Some have required trainings that provide brief background information and lists of accommodations. Some do nothing. None address both the student as well as the teacher. Empowering Teachers, Empowering Students fills this gap.

Contact Us:
tamiwest@tamiwest.com
615-497-7714

Here is What You Will Learn:

- Overcome debilitating thought patterns about mental and emotional health and student behaviors
- Gain understanding on student mental and emotional health
- Get more time at the end of each day by investing time early in the year
- Emotional and "stress" management skills that will keep you calm and in control
- Partner specific mental health needs with reasonable accommodations
- Create an emotionally healthy environment for both teacher and student
- Develop empowering communication skills to use with students, parents, and others you encounter during your day

The Details:

Understand the Thinking Process and the Impact on the Teacher/Student Relationship

- Recognize triggers for negative thinking
- 3 tips for modifying debilitating thought patterns that affect you and your students
- Create a plan to calm your mind before, during, and after difficult encounters with students and struggling caregivers

The Power of Insight

- Gain understanding on student mental and emotional health
- Define mental health disorders that educators find most difficult within the classroom environment
- Overcome 3 common mental health myths that lead to disruption in your classroom

Contact Us:
tamiwest@tamiwest.com
615-497-7714

Emotional and "Stress" Management Skills That Will Keep You Calm and in Control

- A new view on managing "stress" at work and at home
- 4 steps to combat emotional responses and still feel mentally healthy
- Integrate emotionally healthy language into conversations with students, parents, and other concerned adults

The Power of Peace

- Identify 4 signs of a toxic environment
- Define 4 E's of an emotionally healthy environment
- Learn teacher-friendly classroom accommodations for difficult mental health concerns

What Teachers Are Saying:

Nice to have a program that validates and puts a description to what we feel, the students feel and how we can teach through those struggles!

Gallatin High School
Sumner County, TN

Contact Us:
tamiwest@tamiwest.com
615-497-7714

Region 10 (Fayette) • Celebrating a Young Life

by Carla Mack, Coordinator, Edythe J. Hayes MS YSC



Lexington (KY) • Precious 3 year old named Annaliese, had a tumor the size of a golf ball on the side of her face this time last year. She started chemo treatments around November 2017 to shrink the tumor. Annaliese was able to ring the Dance Blue Bell to commemorate her last chemo treatment at UK Children's Hospital.

Her parents, Todd and Serah Thomas, are strong supporters of the Edythe J. Hayes Middle School Youth Service Center, Athens-Chilesburg Elementary Family Resource Center and other communities agencies in Lexington. We wanted to thank the Thomas family for all their love and support by surprising Annaliese with a special visit from the dance teams and cheerleaders from EJH, HCHS and UK after her bell ringing. She even got a unexpected visit from Santa and Mrs. Claus.



Councilman Preston Worley presented the family with a plaque on behalf of Mayor Gray, deeming December 10th "Annaliese Thomas Family Day" in the city of Lexington.

In a few years, this little ray of sunshine will be gracing the halls as a Panther, Blue Devil and a Wildcat. For now...all she wanted was a cupcake for Christmas.

Region 3 (Jefferson) • Back to School Festivals: Already Planning for 2019

Louisville (KY) • Region 3 FRYSCs are gearing up for the 2019 annual "Back to School Festivals". These events are much more than just a free school supply giveaways! What always makes our events held all over the county such huge successes are the combined efforts of the area FRYSC's, JCPS district offices, Neighborhood Places, Centerstone Prevention Services, faith based volunteers, and many community business, and health vendors. FRYSC Coordinators from all centers collaborate and coordinate to provide school backpacks filled with school supplies, health, basic needs, and student/family resources throughout our region.

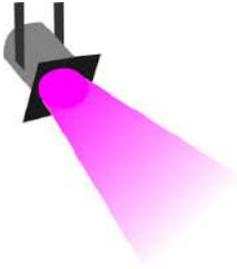
Again, this year the planning and excitement among our coordinators has already begun so we can provide information and many resources for all families. All events include bi-lingual resources for our families that face these barriers.

Every adult that attends fills out a registration/information cards about the family that includes each child's name and school. Area FRYSC's will have this information for follow-up in providing any additional needs for their students.

Vendors included medical, dental, and nutritional health, childcare resources, adult continuing education, JCPS parent portal assistance, Clothing Assistance appointment scheduling, after-school activities and JCPS Safe & Drug Free Schools. We serve nutritional snacks for all students in attendance, arts and crafts activities and D.J. tunes are for everyone's enjoyment!

Region 10 (Fayette) • Think Pink Café

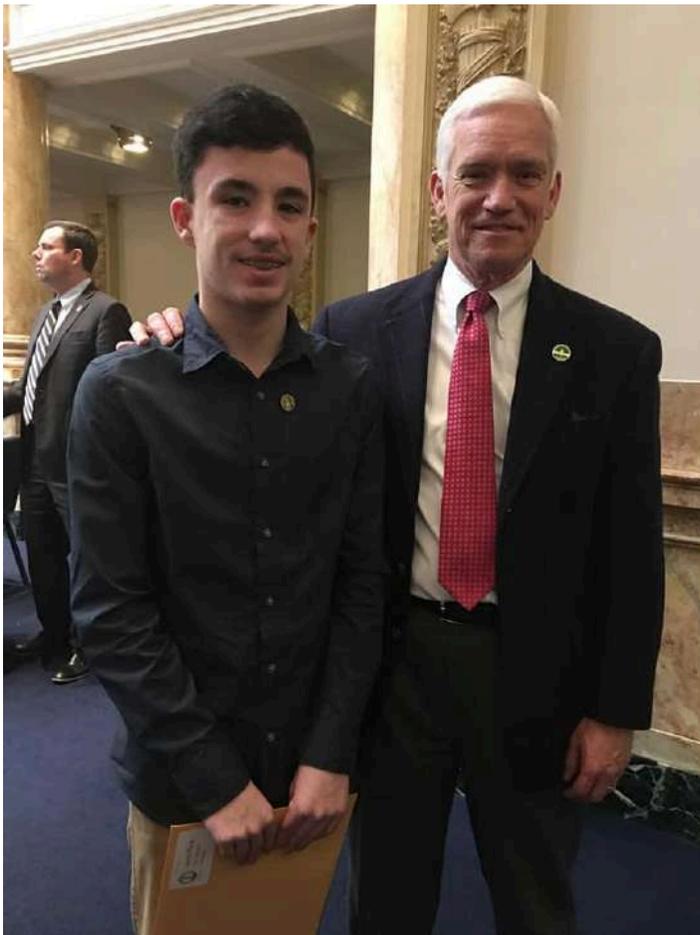
by Erica Jackson, Coordinator, MLK YSC



Lexington (KY) • For the past several years, the social workers at Martin Luther King Academy in Lexington, KY have sponsored activities to educate the female student body about breast cancer. The Youth Services Center has sponsored the “Think Pink Café” in which the school library is set up similar to a restaurant with a full menu. The young ladies serve as hostesses, servers, and busgirls. Two

years ago, the students mentioned the idea of giving back, so they decided to include a bake sale with goodies from the staff and area businesses. All proceeds from the “Sweet Spot” bake sale are donated to SGKK. Not only have the students benefited from the information provided by Komen, they have equally benefited from the “art of giving back.”

If your school is interested in getting more involved with Komen Kentucky, please contact [us](#).



Congratulations to Jacob Rock for being selected to serve as a "Sunny Page" with Senator Stephen Meredith. Jacob had a great day on the Senate floor!

Region 3 (Jefferson) • Mentoring to Support and Empower Students

by Sue Wagner, Coordinator, The LINKS FRYSC

Louisville (KY) • Each year the need for reaching our students where they are and dealing with the issues they deal with in a real and intentional way becomes more critical. Many of my elementary students live in less than healthy environments and they deal with violence at a level that is difficult to comprehend.

This is particularly evident with my 4th and 5th grade students, boys and girls alike. There have been issues of gang affiliation, bullying, and aggressive social interaction. In an attempt to address these issues, give the students a safe place to talk about what is going on in their worlds and to teach them various tools they can use, The LINK FRYSC started separate boys' and girls' groups this year. We are blessed to have them facilitated by a Neighborhood Place liaison for the girls and a 4-H Extension person for the boys.

These groups started in the fall with our 5th grade. They met once weekly to talk, do activities and, probably most importantly, to learn that they had more in common than they had differences.

The girls began to be a bit more supportive of each other and the "mean girl" attitude lessened. Leneshia Perry, our group leader, did a fantastic job of engaging each young lady and making them look at the positives they each had and that they could share. Teachers followed up in the classroom by reminding the ladies of appropriate behavior and attitude.

The boys varied greatly in their maturity levels even though they all dealt with the same basic issues. Their leader, Lawrence Caudle, found engaging ways to draw each young man into the conversation. He talked openly with them about positive problem solving, both at school and in their neighborhoods. Again, teachers followed up in classrooms with reminders about appropriate behavior and attitudes.

Our 4th grade groups will begin in February and we it is our intent that we build on this mentoring next year with these same students as 5th graders. As they transition to middle school they will have a few more tools in their tool boxes to assist in dealing with the hurdles our youth face each day.

2019 Conference Dates

Persistence to Graduation (PtG) Summit

July 9-10, 2019

Lexington Convention Center

Victory Over Violence Conference

July 15-17, 2019

Northern Kentucky Convention Center

Fall Institute

November 13-15, 2019

Lexington Convention Center

A Letter...

Hello. I just wanted to share a remarkable experience with you all.

We had the speaker, Nathan Harmon with Your Life Speaks, come to our school yesterday to speak to our juniors and seniors. Many of you may recall him from our Fall Institute.

With me being a new coordinator, and new to high school, I have to say I was a bit nervous about how my first assembly would go over. Needless to say, it was absolutely phenomenal and I cannot stop speaking on how much this meant to our students. Seasoned teachers told me that in all of their years, they have never seen a group of students so engaged. Students were in line waiting to meet him at the end, taking pictures, thanking him for reaching them, etc.

THE BEST PART:

- 1. Before the assembly ended, we had over 400 students to follow Nathan on Instagram. He does a podcast every Sunday evening at 7pm along with a licensed psychologist in order to keep coaching and reaching out to students.*
- 2. When I returned to my office after the assembly, a student was waiting for me. **THIS IS ONE OF MY TOUGHEST STUDENTS!** Grew up in the streets, in and out of multiple foster homes, gave up on school, would not open up to anyone (me, included), and just overall done with life. He said he planned to commit suicide but after the assembly he instead chose to come and ask for help because he wanted to change his life!! We were able to get him the help he needed, and... he showed up early to school this morning to meet with his teachers and catch up on his work!*

Yes, I am still in tears while writing this. I can't speak enough on how powerful and important our work is to our youth. These days make me realize I am right where I am meant to be in life.

Thank you all for being so supportive. Keep doing great things and making great people!

If anyone is interested in contacting Your Life Speaks or would like to check out his podcast, visit yourlifespinks.org. We plan to have him return in the fall for incoming freshman and our sophomores. There are huge discounts when multiple schools book the same week, so let me know if interested. This guy truly was even more amazing in front of my students than he was at our fall conference.

Have a great week everyone!

*Tiffanie Schweinhart,
Youth Services Center Coordinator
Southern High School
8620 Preston Highway
Louisville, Ky. 40219
(502) 313-4535
tiffanie.schweinhart@jefferson.kyschools.us*

FRYSC Notes: Highlights from around Kentucky...



Barren County – FRYSC Coordinators and Assistants ready to serve at the Community Soup Kitchen. For more information, contact Penny Huffman, FRC Coordinator.

Hardin County – Three members of the Friends of Rachel Club sponsored by the North Hardin High School Youth Services Center set up an informational table in the cafeteria during lunch to provide fellow students with information regarding driving in Icy conditions. Students spreading kindness and safety! *Pictured: Pheonix Compton, NHHS junior; Brayden LaRue, NHHS junior; and Mary White, NHHS sophomore.* For more information, contact Leslie Hall, YSC Coordinator.



Hardin County – The North Hardin Youth Services Center's Green Dot Student Committee hosted a positivity tree. Students were encouraged to hang a positive word or phrase on the green dot tree to spread positivity throughout the school. *Pictured: Mary White, Sydney Coleman, Shelby Bollinger, Amy Hanninen, and Dotty - the NHHS Green Dot.* For more information, contact Leslie Hall, YSC Coordinator.

Lincoln County – Operation Unite - On the Move Program is amazing! They share the dangers of impaired driving, a marijuana simulator, the importance of choices, the dangers of alcohol, tobacco and other drug use. Great program for 7th and 10th graders. For more information, contact Mindy Miracle, YSC Coordinator.



Logan County – The Logan County Russellville Family Resource and Youth Services Centers had KSP Trooper Jeremy Murrell for parents on Cyber Safety.

Monroe County – Students at Monroe County Middle School participating in Lunch and Learn sponsored by the Monroe County Youth Services Center Region 11 South. The topic was Health and Wellness presented by the Monroe County Extension Office. For more information, contact Glenda Wilson, YSC Coordinator.



14 APPS

PARENTS SHOULD KNOW ABOUT



BUMBLE



BUMBLE is similar to the popular dating app "Tinder" however, it requires women to make the first contact. Kids have been known to use BUMBLE to create fake accounts and falsify their age.

SNAPCHAT



SNAPCHAT is one of the most popular apps of 2018. While the app promises users can take a photo/video and it will disappear, recent features including "stories" allows users to view content for up to 24 hours. Snapchat also allows users to see your location.

KIK



KIK allows anyone to contact and direct message your child. Kids can bypass traditional text messaging features. KIK gives users unlimited access to anyone, anywhere, anytime.

LIVEME



LIVE.ME is a live-streaming video app that uses geolocation to share videos so users can find out a broadcaster's exact location. Users can earn "coins" as a way to "pay" minors for photos.

HOLLA



HOLLA is a self-proclaimed "addicting" video chat app that allows users to meet people all over the world in just seconds. Reviewers say they have been confronted with racial slurs, explicit content, and more.

WHISPER



WHISPER is an anonymous social network that promotes sharing secrets with strangers. It also reveals a user's location so people can meet up.

ASK.FM



ASK.FM is known for cyber bullying. The app encourages users to allow anonymous people to ask them questions.

CALCULATOR%



CALCULATOR% is only one of SEVERAL secret apps used to hide photos, videos, files, and browser history.

HOT OR NOT



HOT OR NOT encourages users to rate your profile, check out people in their area, and chat with strangers. The goal of this app is to hook up.



Omigle
A free online chat website that promotes chatting anonymously to strangers.



Burn Book
Post anonymous rumors about people through audio messages, texts, and photos.



Instagram
Many kids are now creating fake accounts to hide content from parents. Kids also like to text using Instagram because messages are deleted once a user leaves conversation.



Yellow
This app is designed to allow teens to flirt with each other in a Tinder-like atmosphere.



Wishbone
An app that allows users to compare kids against each other and rate them on a scale.



Understanding the Reality, Risks and Prevention Resources Around Child Sexual Abuse

Adults must take action to protect the children in their lives. Funding from the Child Victim's Trust Fund has allowed Prevent Child Abuse Kentucky to develop a series of media messages to soon air on television, radio and to appear in print media. Thank you to the partners and key stakeholders who helped develop these messages. Our hope is to encourage and empower all adults in their role to prevent child sexual abuse!

WHAT IS AVAILABLE?

Resources developed include two educational videos, two 60 second public service announcements (PSAs) for TV, two 30 second PSAs for TV (and social media), two radio PSAs and two print ads for newspapers. Details about each resource and their downloadable files are available on the PCAK website at www.pcak.org.

YOU PLAY A ROLE IN GETTING THESE IMPORTANT MESSAGES OUT TO THE COMMUNITY

Here's how you can help!

- 1.) Share the 30 second video PSAs on your agency's social media. Remember to tag us @PCAKY.
- 2.) Post the Educational Videos on your agency's website, use in a training and/or for parent education courses.
- 3.) Television PSAs will be running via purchased airtime. Please also ask your local cable station to run them.
- 4.) Ask your local doctor's office(s), hospitals, health departments or other entities to run PSAs via their closed cable networks.
- 5.) Radio PSAs will air via iHeart Radio during April in targeted regions of the state. Have a connection with your local radio station? Ask them to run the radio PSAs.
- 6.) Print ads are being released to local newspapers via the KY Press Association to run the first and third weeks of April. Do you have a connection with your local newspaper? Ask if they will run the ads longer.
- 7.) Have a connection with a local magazine? Ask them to run a print ad.
- 8.) Use the print advertisements in your company's newsletter.

Watch PCAK's social media for updates. Share and interact with us to help spread the word!

We all have a responsibility to prevent the abuse of Kentucky's children.

PCAK is the Kentucky chapter of Prevent Child Abuse America
THESE PUBLICATIONS AND PROGRAMS ARE FUNDED IN PART BY A GRANT FROM THE CHILD VICTIM'S TRUST FUND.
THIS PROJECT IS FUNDED IN PART OR IN WHOLE WITH STATE OR FEDERAL FUNDS THROUGH A CONTRACT (#PON2 736 1600001309 4) WITH THE KY CABINET FOR HEALTH AND FAMILY SERVICES.
©2018 PREVENT CHILD ABUSE KY

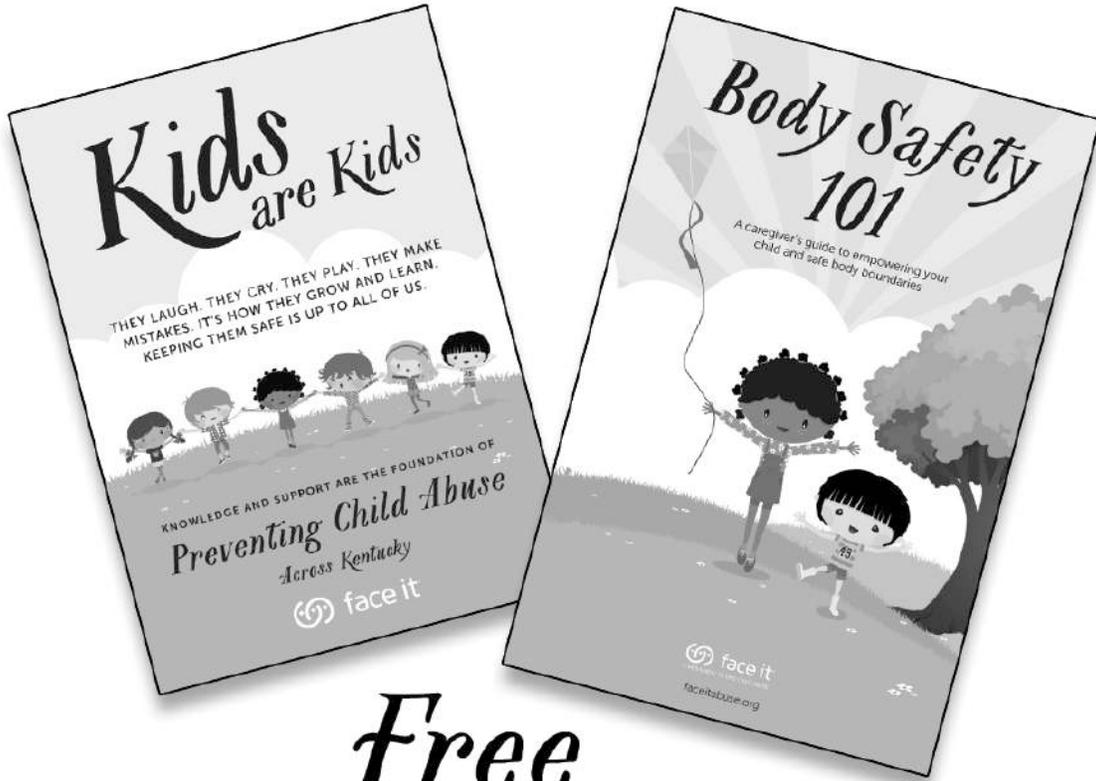
Prevent Child Abuse Kentucky
801 Corporate Dr, Ste 120
Lexington, KY 40503
1-800-CHILDREN
P: 859-225-8879
F: 859-225-8969

SPONSORS

Fall Institute 2018



thankyou



*Free
child abuse prevention
resources!*

Order brochures and posters
for your school at **faceitabuse.org**



**Family Resource and Youth Services Centers Coalition of Kentucky
Mini-Grant Training Request Form**

Center Requesting Mini-Grant:	
Coordinator's Name:	
Center Mailing Address <i>(include zip code):</i>	
Center Telephone:	
Coordinator's Email:	
School District:	
Region:	
Have you received a Mini-Grant previously? If so, when?:	
How much are you requesting for this Mini-Grant? <i>(requests may not exceed \$500)</i>	\$
If this Mini-Grant is awarded, please make check payable to: <i>(list name in box to the right)</i>	

Guidelines for FRYSCKy Mini-Grants:

1. Coordinators, who request mini-grants for training from FRYSCKy, Inc., must be an active member of the Coalition.
2. A Coalition member is limited to one mini-grant award per fiscal year.
3. Mini-grants requests must not exceed \$500.00. **Requests must include an itemized listing of how the funds will be used (i.e. airfare, lodging, registration fee, ground transportation, mileage, and/or airport parking). The Coalition does not cover food/meals or other miscellaneous costs.**
4. Mini-Grants are only paid on a reimbursement basis **(no money in advance)**. To receive the payment, mini-grant recipients must submit a one-page report highlighting their experience at the training along with a travel form and original receipts within two weeks after the event.
5. A limited amount of funds is available for mini-grants. Therefore, requests will be prioritized.
6. The training for which a mini-grant is requested must hold to the mission statement of the FRYSC Coalition of Kentucky:
“...to promote a network among those who seek to remove educational barriers of children, network with family support practitioners, other human services providers, and to learn from each other, share resources, collaborate more effectively on behalf of families, children, and youth.”
7. The Board of Directors would like a description of the training for which a mini-grant is requested to accompany the request. It should include:
 - I. Name of training
 - II. How the training will benefit you professionally and benefit your children.
 - III. How the project addresses the mission of the FRYSCKy.
8. Mini-grant funds may not be used for Victory Over Violence or Fall Institute attendance. The Coalition and DFRYSC have other opportunities available to help support Coordinators' attendance at these events.

REQUESTS MUST BE SUBMITTED to the FRYSCKy Regional Representative at least 45 days prior to training event. Regional Representatives have 3 days upon submission to forward requests with signature to the FRYSCKy Board for their approval.

Signature ~ Mini-Grant Applicant: _____ **Date:** _____
Signature denotes the applicant has read the guidelines, provided the requested material, and will comply with grant requirements.

Signature ~ Regional Representative: _____ **Date:** _____
Signature denotes application is complete and that it has been forwarded for review.

Signature ~ FRYSCKy Executive Board Approval: _____ **Date:** _____
Signature denotes Mini-Grant has been reviewed and approved for funding by FRYSCKy Executive Board.

Action by FRYSCKy Inc.

Approved Denied Further Action Necessary Date: _____

Comments: _____



Michael A. Jones • Editor
fryscopycoalition@me.com

FRYSCy Business is the official newsletter of the Family Resource and Youth Services Coalition of Kentucky, Inc. (FRYSCy). The newsletter is published three times annually.

Executive Office

Family Resource & Youth Services
Coalition of Kentucky, Inc.
2220 Nicholasville Rd., Ste. 110-333
Lexington, KY 40503
T ~ 859.333.4209
F ~ 888.282.8549
www.fryscopy.org

Executive Committee

Paula Hunter, President
T.C. Johnson, President –Elect
Megan Nicodemus, Vice-President
Sherry Paul, Treasurer
Michael Flynn, Secretary
See Board of Directors at
www.fryscopy.org



Affiliations are shown for identification purposes only. Opinions expressed do not necessarily reflect the positions or policies of the writer or the Executive Committee's agency or association.

The editors, contributors, and FRYSCy specifically disclaim any liability, loss or risk, personal or otherwise, which is incurred as a consequence, directly or indirectly, of the use and application of any of the contents of this publication.

FRYSC Faces in the Crowd
#BeTheOne #WhateverItTakes
#FRYSCAretheHeartofKY

