

**FRYSCKY, INC.**  
**Board Meeting**  
**March 1, 2013**  
**Frankfort, KY library**  
**Minutes**

Members present: Krista Campisano, Sherry Paul, Betty Marshall, Brian Akers, Leslie Hall, Rebial Reynolds, Teresa Combs, Teresa Roberts, Michael Flynn, Tana Jones, Mary Ann McKenzie, Paula Hunter, Michelle Hansen, Linda Krutza, Penny Huffman, Terri Goodman, Rose-Linda Stafford, Sandra Ballew-Barnes, Charity Fuson, Caprecia Sizemore, Megan Hatter, Sallye Pence, Keith Smallwood, Doug Jones, and Michael Jones.

Rebial agreed to take minutes until Secretary, Sallye Pence, arrived.

Betty Marshall opened the meeting with prayer.

Financial report was given by Sherry Paul. Keith made a motion to accept the financial report with a second by Michelle Hanson. Motion passed.

Tana Jones said there are 671 paid members as of 3/1/13. Betty asked that we encourage all coordinators to become a member. We might offer a way to become a member with VOV registration. Tana said we need to recruit membership at regional meetings and to remind everyone that next year is a legislative budget session. Betty publicly thanked Tana for staying on to help with membership.

DYFRYSC – Michael Denney cannot attend the meeting today. He sent no news to report other than the unknown issues that will affect us through sequestration.

KDE Update – We have once again been moved. It is our 5<sup>th</sup> move within the Department. We are now in the Consolidated Plans & Audits area.

KY-ASAP – Leslie Hall said this group has quarterly meetings. They are trying to set up a Meth finder registry.

### **Committee Reports**

**Public Policy** – Mike Flynn reported that Public Policy has been meeting monthly. It has been a quiet legislative session for us this year. Mike discussed the need for the Legislative contacts on a regular basis and the need for them to be reported to Public Policy on a monthly basis. The possibility of creating a link on the website those coordinators could use to report contacts. It was discussed that for an incentive perhaps we could have a drawing for a free Fall Institute registration for those Regional Reps who make monthly reports to Public Policy. We also discussed that it was important for people other than listed contact” to develop personal relationships with legislators. Several ways to stay in contact with legislators was discussed including inviting them to a regional meeting, sending birthday cards.

A “field trip” to the Capital for coordinators was also discussed as a way to make coordinators more comfortable with contacting legislators. It was discussed as a way to help with comfort levels since we hear at Regional/District meetings that coordinators are “out of their comfort zone” contacting legislators.

**Public Relations & Marketing – Legislative Page Days** – Brian said that 132 students were chosen to serve as a Legislative Page and 130 of them showed on the scheduled day. One of those was in a tournament and the other one moved. Brian thanked Mary Ann and Krista for their assistance. Trying to save on expenses to the Coalition, Katie and Misty came to the Capitol to help. We get good comments from the families, students and coordinators who attend Legislative Page Days. Hopefully this program will continue to grow. Krista has agreed to be in charge of Legislative Page Days next year. Betty thanked Brian for all his hard work and gave him “kudos” for all he has done to make this program successful and his work to highlight FRYSCs. Brian said it has been very rewarding to be involved in this program. One suggestion he made was for Regional Reps to make sure all addresses on the applications are completely filled out.

**Web page/Newsletter** – Leslie said newsletter articles are due NOW. She also said that several of them are coming in. The use of the FRYSCy Facebook page was discussed. It is a potential way to communicate with members but we want to keep it private. Leslie and Keith will look at this to see how to keep it private. A suggestion was made to put photos from Legislative Page Days on the Facebook page. It was discussed that once we have things on the Facebook page we can invite legislators to “like” it.

### **Old Business**

**Fall Institute 2012** – Michael Jones reported that there are about 150 outstanding payments for Fall Institute. He will follow up with them and send board members a list of those stragglers who have not paid.

**Victory Over Violence** – conference will be at the Marriot in downtown Louisville July 8-9. On-line registration will be available soon.

### **New Business**

Betty apologized for possibly overstepping boundary but she thinks we – FRYSCs – as a group take care of others but don’t always take good care of ourselves. She said she was also looking for additional benefits to offer our membership. She met with Vicky Greenwell of Humana Vitality. They will be meeting with us after lunch today to give us information about this program that is available for free for all who have KY Employees Health Insurance plans. Betty said she had discussed this with the Executive Board before bringing it to all of us and apologized for not bringing it to the full board for approval first. This is a benefit that we can help let everyone know about. Betty said that Human Vitality has agreed to provide free pedometers to board members that normally cost \$35. There will be a short survey request and all who participate will be in a drawing for gift card. And there will be regional drawings for an iPad for those coordinators who share information with school wellness committees or other employee groups. A motion was made by Rebial to enter a collaborative partnership with the Coalition, Division of FRYSC and Humana Vitality. Motion was seconded by Keith. Motion passed.

**Review of Audit** – The annual review of our financial records was conducted by Vicky Richardson a CPA in Mt. Sterling, KY. She raised 3 issues that Michael is addressing. Copies of the report were distributed. The issues/ suggestions are:

1. A copy of the bank statement/check register should be provided to the Treasurer every month.
2. The list sent to officers with a check request should include supporting documentation for these checks. (This step is not necessary for checks written during board meetings.)
3. A suggestion for a dates and/or dates and explanations on invoices for services from Michael Jones and OEP.

A motion was made by Keith and seconded by Leslie to accept the Auditors report. Motion passed.

**Regional Rep elections** – Odd numbered regions were reminded that they need to have elections before the end of June to select a Regional Rep. Several methods for conducting the elections were discussed. The election could be done by email, or by having coalition members stay for a vote after a Regional meeting. Betty will send an email to Regional Reps to ask how elections will be held in their regions.

The training hours established by Regional Advisory Councils was discussed. There seems to be some big differences between regions. There was discussion that this seems to be more subjective in nature.

Minutes from the October 28, 2012 meeting were presented by Sallye Pence. Several corrections to the minutes were made. A motion to accept the minutes as corrected was made by Tana and seconded by Sandra. Motion passed.

Next meeting set for April 26, 2013 at the same location at 10:00 am. Box lunches to be provided.

The meeting took a break for lunch.

Following a brief lunch break, the team of trainers from **Humana Vitality** was introduced. They walked us through the step by step method for getting signed up in the program and taking the Vitality Age survey. A short video was shown and the Wal-Mart Healthy foods discount was shared.

Meeting adjourned at 2:30 p.m.

Respectfully submitted by,  
Sallye Pence  
Secretary