



FRYSCKy BUSINESS

*The Official Newsletter of the Family Resource and Youth Services Coalition of Kentucky, Inc.
Bridging Barriers and Changing Lives Since 1991*

Fall 2018

The FRYSC Tree: Strong and Vibrant

by Paula Hunter, President, FRYSCky, Inc.

Nicholas County (KY) • It has been a wonderful year for FRYSC in Kentucky and it is because of you. Your hard work and dedication to your jobs has made a difference and it has not been ignored. As we go through this busy holiday season that is so hectic, please make time for your family and yourself so when the New Year gets here you will rejuvenated and ready to start again on the best job in the world. Last year I was in Washington DC for a national conference on families. There were people from 27 states. They were in awe of the FRYSC program in Kentucky. One person from California said “Kentucky FRYSC’s are Rock Stars!” What an amazing comment for a program in our Kentucky Schools.

Our FRYSC program reminds me of a tree. Trees are a vital part of our world. They provide oxygen we need to breath, shelter for life and food to eat. They are strong. They are just like Family Resource Youth Services Centers.



A tree has four parts-

- 1) The roots (This is our community partners that help support our programs and are the foundation for many of referrals. It is also the educators in our school who start the education process).
- 2) The trunk (FRYSC Coordinators are the facilitator between the roots and the branches and leaves as well as the strength, so we are the trunk).
- 3) The branches-(Our families need nurturing in times of needs to help the leaves blossom to maturity. It’s not just the basic needs but the educational programs we provide throughout the year, this is our families).
- 4) The leaves-(The leaves are our students who blossom and become contributing members of our community to make it a beautiful place, like our beautiful trees).

Why do we need trees (FRYSC)?

- 1) **Trees increase value**- Everyone wants their home to have the best value and trees can increase a home value by a large percent. (FRYSC increases the value of schools and Kentucky through support and programs to encourage/ educate the’ whole child’ as they go through school. They are a vital part of each community and school and increase the value).
- 2) **Trees clean the air**- Trees can absorb as much as 58 pounds of carbon dioxide each year. They absorb odors pollutant gases and other pollutants-(Coordinators are often asked to provide services, make referrals, home visits and meetings with parents to make situations better for the family to alleviate the pollutants in their lives. Whether it is health, drug referrals/education or mental health, we are there.)
- 3) **Trees slow runoff**- Flash flooding can be significantly reduced by trees. (We help to slow down and improve situations that could grow into larger problems for schools, families and students, we slow the runoff).

- 4) **Trees prevent soil erosions**-A tree's root system binds the soil and the leaves provide a barrier to the wind and rain. – (FRYSC Centers alleviate the non-cognitive barriers to learning through our diligent work with the educators in our school and the community partners. It helps protect our families).
- 5) **Trees help buffer noise pollution**-Trees are planted at strategic points around homes to abate major noises. – (FRYSC Centers are placed throughout the state in the many schools and can help with a majority of situations that occur throughout the school year, so educators can spend more time teaching).
- 6) **Trees cool our homes, streets and cities**-Trees can cool a home by 10 degrees by shading them and releasing water vapor in the air through their leaves-(We shade our students to help them with situations as they arise to cool them down and make their lives better).
- 7) **Trees can save you money on energy costs**-Trees can help homeowner. Save up to 25% on energy bills by providing shade in the summer and windbreaks in the winter. (FRYSC can help the schools by providing resources for students who are having trouble with attendance, making home visits to get paperwork signed, making sure students have dental/medical/vision services, and providing the needed supplies for them to succeed in their classrooms. The school gets more money through better attendance, so if we can help motivate them to come to schools every day it will help achieve their goals).
- 8) **Trees are beautiful**-This is a no-brainer. When nurtured trees are stunning parts of landscape. (Through the nurturing that FRYSC provides for students, families and educators-our students become beautiful adults that are our future).
- 9) **Trees are sacred**-Trees were sacred to many ancient worlds and hold a special meaning to many cultures today. (Our students that we work with each day are sacred to their families and they trust us with them for 7-10 hours each day with the many programs we provide. You may not remember the names of all your students, but they will remember you as part of their education).
- 10) **Medicines are derived from trees**-Did you know that aspirin was derived from willow bark? (We don't know what the future holds for our students. One of our students could be the person who finds a cure for cancer, our next president or become the next FRYSC Coordinator. They are our future and the things they learn today could help them prepare)

So the next time you see a tree, think of our organization and the wonderful future for our students because of the support/programs you have provided for them.

Remember, true gratitude helps see what is there instead of what isn't.

Blessings for you all during the holidays as you bless others. Take time for you and your family. You have to take care of yourself in order to help others. Every student, every day!

Thank you for all you do.





FRYSC Legends – Highlighting Geri Willis

1. **Where were you born?**

I was born in Virgie, KY – Pike County, one of eight siblings. My father was a coal miner and my mother was a homemaker.

2. **Where did you go to school (elementary-high school)?** I started first grade at age 5 at Melvin Elementary School in eastern Floyd County and was there through the 8th grade. I attended Wheelwright High School in Floyd County.

3. **What college(s) did you attend?** My first 2 years were at Alice Lloyd College at Pippa Passes, KY. It was a 2 year institution at the time. My most notable experiences while there is my participation in the Voices of Appalachian show choir and working with Dr. Grady Stumbo and Dr. Mary

Hall on some special projects at Big Mud. I transferred to Morehead State University in my third year of college and finished there with my BSW- Social Work and also my MA in Sociology. I went on a few years later to complete my MSW – Master’s in Social Work at the University of KY. I began my Doctoral degree in Educational Administration and Supervision at the Univ. of KY, but did not finish following my mother’s massive stroke. I drove from Ashland to Pikeville every weekend for three years to help with her care and just could not juggle the demands of the study required. At the time there was no internet service at my mother’s home and her care took priority over homework, research, and writing. I finished my coursework, had my dissertation topic and team in place and was ready, but life has a way of putting you in your place from time to time. I would never trade tan o moment of the time I was able to spend with my mother’s before her passing. I’m a first generation college graduate and the only one of my siblings to attend college. My younger brother and sister completed vocational school. As my mother would say, “I didn’t raise any lazy youngins”. All of my brothers and sisters are successful in their own right.

4. **What degree(s) did you receive?** I have a Bachelor’s in Social Work, a Master’s in Sociology and a Master’s in Social Work

5. **What did you do before FRYSC?**

Before FRYSC I worked for the University of KY, Markey Cancer Center/Ephraim-McDowell Cancer Network, as the northeast KY program director and social worker. I’ve also had experience in community mental health.

6. **What year did you become a FRYSC?**

I became a coordinator in 1991. One of my patients at the Markey Cancer Center was the principal of Crabbe Elementary School. He knew I was dating an old classmate of his and was considering marriage and a move to Ashland, KY. He told me he had the “perfect” job for me if I ever made it to Ashland. I did get married and moved to Ashland and got the perfect job he was talking about – the Coordinator of the Ashland FRC, shortly after the statewide implementation of the KY FRYSCs. So, yes I was among the first group of coordinators on the infamous trips to Flint, MI.

7. **What attracted you to applying for a FRYSC job?**

I have to say it was Mr. Williams, my cancer patient, friend, and eventually my first principal to work with in the schools as a resource center coordinator. He told me about the position, that I would be working with him to keep kids in school and help them become more successful. He said it was a brand new program, but a much needed one with lots of potential. He had faith in me and felt it would be a great match for my knowledge, skills, values, and passion for social work. We worked together until his retirement. There have been many principals since him, but his memory will always remain that of a special person in my life and career. I learned a great deal about public educational and school life from him.

8. **What are your favorite memories / proudest moments as a FRYSC?**

There are so many, but a smile always comes to my face when remembering doing home visits with Mr. Williams. He had a knack of always putting me in awkward situations. He called me one day not long after I had started the position to say he needed me to go on a truancy home visit with him. We got to the house and the mother told us her son was upstairs. Mr. Williams took the stairs two at a time. He looked back at me and said, “Well don’t just stand there, come on.” Little did I know when I got up the stairs I would find him pulling the boy out from under a bed by his feet and telling him he was going to school. I was astounded to say the least. Mr. Williams in his stern, yet jovial way, told me to grab the boys shoes. He carried him down the stairs and put him in his pickup truck. I found out later this was a usual thing with him, the student and the mother. As Mr. Williams was putting the child in his truck, the mother told me her son minded Mr. Williams more than he did her and she always called him if she couldn’t get her son to come out from under the bed to go to school. She told me, “I’ll

probably being seeing a lot of you”, and indeed she did over the years and together we finally got her boy graduated. Well, I’ve never pulled a kid out from under a bed, but I sure have done my fair share of home visits in 27 years!

I was very proud of the Ashland FRC receiving the Harry J. Coward Award. I am very proud of my staff and the reputation we have built in our schools and community over the last 27 years.

I am proud of the many programs and services made available to our schools and students as a result of grant funds acquired and sustained.

9. Were you ever scared doing your job?

I have never been scared on my job, not in terms of bodily harm. I was scared a few times during legislative sessions that our representatives would get it wrong and fail to fund significant programs to benefit schools, students, and families.

10. How are new FRYSC coordinators today different than when you started?

I think there was a greater emphasis on building relationships/connections between home, school and the community. We were not expected to deliver direct services, but rather to be brokers of services, to provide the information, tools, and skills to help empower people to help themselves. Somewhere along the way, that concept broadened to having resource centers as the focus of direct support and help in many communities, especially small rural areas where resources are scarce. I never wanted to be known solely as that place where you get things that “give-away” place. Ideally, I always wanted our centers to be seen and known as more than a handout, I wanted us to be true change agents, making a real difference, having a lasting impact - as many do!

11. What do you want others to remember about you and your FRYSC days?

I would want them to remember it was more than just a job to me. It was my vocation, my passion, my purpose/call in life to serve others – the children and their families, the schools and staff, and the community.

12. Feel free to add anything that you want.

I have made so many friends over the years, people who give so much of themselves as FRYSC coordinators. I will certainly miss everyone and wish them much love, joy, hope, and success.

The graphic features a vertical orange bar on the left with the text "SAVE THE DATE" and "APRIL 28-30, 2019" in white. To the right, the text "JOIN US FOR THE" is in blue above a dark blue box containing "2019 Rural College Access & Success Summit" in white. Below this, "LEXINGTON, KENTUCKY" is in blue, followed by "Register | Submit Presentation Proposals NOW!" in orange and "Visit www.berea.edu/pfe/events/ruralsummit for updates." in blue. At the bottom is the logo for Partners for Education at Berea College, which includes a stylized graduation cap icon.



Being the Voice for Kentucky's Children: Miss Kentucky Loves FRYSC

Hello FRYSCs,

My name is Katie Bouchard and I am the reigning Miss Kentucky 2018! I recently graduated from Western Kentucky University with a degree in Social Work. My personal platform is "Being the Voice for Kentucky's Children" I advocate for the Family Resource and Youth Service Centers across Kentucky and the needs of Kentucky's children.

As Miss Kentucky, I serve as the spokesperson for the Kentucky Department of Agriculture's "Kentucky Proud" program which encourages consumers of all ages to purchase products produced in Kentucky and to maintain a healthy and active lifestyle. I deliver this message to all age groups in schools throughout the commonwealth.

My goal this year is to reach every county in Kentucky. I am reaching out to you all to give you the information to book me at your school. I would love to come visit your community and students. For the schools systems it's completely FREE! The Kentucky Department of Agriculture covers every school visit. You can email my booking manager at (bookmissky@gmail.com) She will be able to give more information and will put your school on my calendar!

Thank you so much! I look forward to meeting each of you at the fall conference on Wednesday!

Thank you,
Katie Bouchard
Miss Kentucky 2018

Region 10 (Fayette County) • Families Bond through Prime Time Storytelling

by Sandra Ballew-Barnes, Coordinator, Breckinridge FRC

Lexington (KY) • As Mary Cornett brought her grandchildren and great-grands to the Woodhill Community Center each week, she knew they would enjoy the family reading time together. “They’re learning new words, and we play games and have a lot of fun,” she said at a recent Prime Time event, where nearly a dozen Breckinridge Elementary children and assorted caregivers gathered to hear stories and talk about their meaning. “It’s a great program,” Cornett added.

Prime Time is sponsored by [Kentucky Humanities](#) in cooperation with the National Endowment for the Humanities. Of the more than two dozen participating schools in 2018, Breckinridge was the only one from Fayette County Public Schools.

“It’s not your typical story time,” said Sandra Ballew-Barnes, the school’s Family Resource Center coordinator. “There’s a storyteller and a scholar who promote the discussion, not necessarily about what happened in the story but how we can apply it to everyday life. Maybe you made a wrong decision, so maybe you make a better choice next time. It can build conversation and help children think about the choices they make, including friends.”

The interactive six-week summer series featured demonstrations of effective reading techniques and informal group discussion of award-winning children’s picture books. The activities, including improv games with simple props, stimulated communication between children and parents and encouraged them to bond around reading. The free program also showed the Breckinridge families how to creatively explore such topics as fairness, individuality, courage, and dreams, and to understand the dynamics of making good decisions. One evening’s selection, [“A Spoon for Every Bite.”](#) focused on the themes trickery and greed, for example.

An animated storyteller, Amy Olson offered the adults tips on ways to engage youngsters. “We bring the story alive so the child can interact more and process what they’re hearing,” she said, adding, “I want them to see that books aren’t boring, and they can define what’s interesting.”

Each week, the children took home a book to review and re-read. At the end, they would receive a copy of [“Going Home”](#) to keep.

The discussion leader, Debra Faulk, said the details that youngsters notice in a story could indicate how they think and feel about larger issues. “It starts at home,” she said. “If we can get them involved reading these books with beautiful themes of what’s important, maybe they’ll get excited and pick up a book on their own.”



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Region 4 (Boone County) • Ready, Set, Cook

by Laura Mosqueda, Coordinator, Goodridge FRC



Hebron (KY) • What do 19 families have in common at Goodridge Elementary? They all took part in, and completed all sessions of the Ready, Set, Cook Program offered by the Goodridge FRC. Held in conjunction with the Boone County Cooperative Extension Office, families met together for 3 Monday nights to learn about food safety, budgeting, planning shopping lists, menu planning, etc. After an app/ minute presentation piece from Cooperative Extension presenters covering the topics mentioned, the families got down to the good stuff – cooking together.

The program in the Spring of 2018 was so popular, the program was brought back for the fall and quickly filled to maximum. The pre and posttests from Spring indicated a huge increase in knowledge of food preparation, planning meals according to the food plate, etc. that the FRC wanted to offer this to even more families and sign-ups did not disappoint.

The Ready, Set, Cook 2018 Fall Edition focused on Fall and the holidays. Much of the presentations tied into holiday matters as did the food preparation. Night one involved making Sweet Potato Chili and Sweet Potato pudding – both excellent. Week Two was easy, low fat Chicken Pot Pie and apple cranberry crisp. Final night, families prepared Breakfast for Dinner – Eggs on the GO (omelets made in muffin tins) and Whole Wheat Banana pancakes.

Two families shared a work station at the Boone County Cooperative Extension Enrichment Center so they got to meet new people and develop friendships. Then as a group, they ate. Families raved about the food, learned new skills and mad new friends. The most important part was that the families worked together to put a healthy, low cost meal on the table.

Funding for the meal food was through the extension office, the FRC provided drinks and (dessert when necessary). Citi, through a grant, provided attendance incentives for those who completed all three nights. Gifts were such things as small kitchen appliances, knife sets, etc. Even those who were not able to attend all three nights were committed to attending those they could.

It was apparent the final night was hard for some to face. Participants lingered well past the time for the program to end, exchanging phone numbers to keep in touch.

When the participants were asked what they would do to fill the following Monday nights now that the program was over, their overwhelming response “cook together.”



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Region 11 (Glasgow Independent) • Ready Set Grow University

by Tammy D. Lindsey, Coordinator, South Green FRC



Glasgow (KY) • Ready Set Grow is a collaborative program with Barren County and Glasgow Family Resource Centers to ease transition into school and help children by Kindergarten Ready. Ready Set Grow is a 4-5 week Family Resource Center program in the Fall and Spring geared toward 3-5 year olds that for whatever reason did not qualify for Preschool and are not yet enrolled in Kindergarten. The program is a brief snippet of what an actual Kindergarten day would look like. The unique thing about this program is that Parents come with them. The parents are pulled-out during a portion of the time and listen to a speaker such as FRYSC, School Counselors, Preschool Coordinators, Transportation, Public Library, etc. During this time, students have center time and create a craft.

Here is a sample of our schedule:

9:00-9:15 Register/pick out their name tag (name recognition)/work sheets (Identify colors, write ABC, Write Numbers, work on personal information such as name, address, etc.)/recite pledge

9:15-9:25 Songs (head, shoulders, knees, toes, days of the week, 5 little monkeys, etc.) works on movement and helps with counting and body recognition for Brigrance

9:25-9:45 Read Book (explain parts of the book-front cover, back, author, illustrator, etc.) and do activity reflecting that book using ABC and Numbers (For example read book about 10 little pumpkins, the activity would be putting numbered/lettered pumpkins on a poster board with the corresponding number/alphabet.

9:45-10:15 Kids go to centers (Legos, Playdoh, and puzzles) also during that time we use scissors and glue, etc. to create a craft (this works on fine motor skills) Parents meet with speaker. Example of speakers are: FRYSC explanation of our roles in school; School Counselors; Public Library; Preschool Coordinator for Schools (Explains what need to know on Brigrance); and Transportation person from schools. They bring a bus and kids get on bus and are talked to about safety, etc. Parents also participate in this activity.

10:15-10:30 Closing goodbye song. Give snack to take home.

Region 10 (Fayette County) • Fresh Stop Market...Healthier Food Choices

by Sandra Ballew-Barnes, Coordinator, Breckinridge FRC



Lexington (KY) • A staffer at Breckinridge Elementary envisioned families having a ready supply of farm-fresh produce, and her efforts led to a nearby pop-up market where residents can fill brown paper bags with affordable, nutritious vegetables bi-weekly in season. “I thought this would be a good benefit for our Woodhill community, for overall health and well-being. At Breckinridge, we have a pretty high free-and-reduced percentage. In our community, we have a lot of ready-to-eat type meals and not-so-healthy options, but what is our access to fresh fruits and vegetables?” recalled Sandra Ballew-Barnes, the school’s Family Resource Center coordinator.

Ballew-Barnes, who had experience with [Fresh Stop Markets](#) elsewhere, reached out in September 2017 to various agencies, neighbors, organizations, and churches to gauge interest in the Richmond Road/Woodhill corridor. A year later, she is pleased at the myriad volunteers who turn out at the Woodhill Community Center and at the level of participation. In early August, for instance, the market welcomed nearly four dozen customers. “That’s going pretty well for a new venture,” she said, noting Woodhill is the third site in Lexington.



The customers, or shareholders, commit to pay in advance for 10 to 12 varieties of local, organic produce. Pooling resources builds enough buying power to purchase at wholesale prices from the farmers, and a sliding scale means food is affordable for everyone. “It’s really about food access,” said Jeremy Porter, executive director of the [Twins Nutrition and Fitness Coalition](#), a key partner at the Woodhill site. “We aim for 70 to 75 percent of people in the market to be on a limited or fixed income, so they’d pay \$6 or \$12 for all these items.”

At the Aug. 30 market, shareholders took home poblano peppers, bell peppers, radishes, white potatoes, beets, carrots, tomatoes, honey sweet pears, mixed greens, yellow squash, rainbow Swiss chard, and sweet potato greens. With each item came a tip sheet describing the vegetable, with storage and prep suggestions as well as nutritional information. Meanwhile in the kitchen, a guest chef cooked a simple meal using several ingredients of the day. Volunteers also offered prep ideas as people browsed the tables stacked with produce. “Families can be creative with the new vegetables they are trying,” said Angela Rey-Barreau, a kindergarten teacher who volunteers at the market.

“This initiative is directly impacting Breckinridge by bringing fresh, organic, locally grown vegetables to a more accessible location at a manageable price point,” Rey-Barreau said. “The market has also developed a sense of a family community in itself, with shareholders chatting about life and sharing ideas about the foods they are taking home.”

Second-grade teacher Sharon Stone, another “veggie cheerleader,” also helps restock items and shares recipes with a dash of encouragement. “The market helps families cut their food bill and gives them a chance to try different fruits and veggies at a low cost,” Stone said. “I see the Fresh Stop Market as a way to show support for our students by offering them better food choices.”

Region 11 (Caverna Independent) • Readifest Gets Students Ready

by Darca Jobe, Staff Writer, Hart County News Herald

Cave City (KY) • Family Resource Center Coordinator, Wilma Bunnell, from Caverna Schools, partnered with local human service agencies, civic clubs, businesses and churches to host Readifest prior to school opening to help get students prepared to go back to school.

Throughout the 3 hour event, adults and children have the chance to visit over 50 booths where they can get checkups on their eyes, teeth, cholesterol, blood pressure, and blood oxygen, at no cost. Participants can also receive information on various health topics: including cancer prevention, school bus safety, mental health, health insurance, and physical fitness. Children also received school supplies: pencils, paper, notebooks, markers, and other items. This helped reduce the amount of money that families have to spend for these needs. The goal of this program is to improve community health for both adults and youth. Another goal is to make sure school age children have required health checkups and school supplies before the first day of school.

The event helped to provide school supplies to students who otherwise wouldn't have them when classes began on August 9th, as well as providing valuable information on professional services available for families from local agencies.

The various vendors: Barren County Health Department, KHEAA, Barren/Hart County Extensions, along with many others, set up informational displays at the Cave City Convention Center emphasizing the services they provided.

Wilma Bunnell, Family Resource/Youth Services said "We have to be the link for our families within the community. A lot of what our families are in need of throughout the year can't be met without the support of these agencies. So, it helps us and the families to make contact with those agencies, businesses and organizations so parents can see what is available for them in both Barren and Hart Counties."

"One of the belief statements of the school district is that poverty will not be an obstacle. The district understands that we can't meet our needs without the community, and the community is buying into that... We're excited about that partnership. We wouldn't be able to do this without the community."

"Many people think the Family Resource Youth Services are about meeting just the basic needs, but our duties have no boundaries, our services extend as far as dealing with truancy issues." said Bunnell.

"Our district has made it clear that the community is vital for the success of the students and our program assists at all levels to meet those needs. Readifest is just one example of how we come together as a community to meet the needs of all our children, Readifest gets everybody, volunteers and students alike, excited about the upcoming school year." said Bunnell.

"Everyone is excited about a new school year starting, and Readifest is the kickoff to the beginning. It gives everybody a chance to get ready for it," Bunnell said.



FRYSC Question Corner...

Everyday “how” and “why” questions sent to Alice, our expert on all things FRYSC.



Dear Alice,

I review a variety of different forms that are completed by FRYSC coordinators from across Kentucky. One common and very regular error that I see is that people do not know the difference between their State Senator and/or Representative and their U.S. Senator or Representative. I find it very embarrassing for them and troubling for our advocacy efforts. What are your thoughts? ~ Signed, Did Someone Miss High School Civics Class?

Dear “Did Someone Miss High School Civics Class?”,

Yes, I agree with you. I’ve had similar observations. For anyone reading this letter who is confused, please know that your state legislators work in Frankfort and make decisions for the Commonwealth of Kentucky on things such as state budgets, state education, and sometimes FRYSC funding (among many other things); your federal legislators work in the United States Senate or U.S. House of Representatives and deal with issues at a national level, obviously they look-out for their home states and constituents, but their foremost responsibility is the condition of the country as a whole. Perhaps a short lesson should be taught at

the New Coordinator Orientation and/or during the Fall Institute. A coordinator cannot be a good advocate for the FRYSC program if he/she does not know the name of their state legislative representatives or their federal representatives.

Furthermore, a FRYSC coordinator should be in regular communication with their state legislators, inviting them to school functions, sending them information about FRYSC programs in the school/community, etc.

Dear Alice,

In your last column, you explained the difference between DFRYSC and FRYSCKy. Now I have another question. What is the difference between RPM and a Regional Representative? Signed, Acronym Challenged – Part 2

Dear Acronym Challenged,

The Division of Family Resource and Youth Services Centers (DFRYSC) is the state government office responsible for managing and monitoring each FRYSC program in Kentucky. Your **Regional Program Manager (RPM)** is a staff person of DFRYSC. The Family Resource and Youth Services Coalition of Kentucky (FRYSCKy) is a non-profit membership organization comprised of FRYSC coordinators across Kentucky who pay annual dues to join the Coalition. Your **Regional Representative** is a fellow coordinator from your region who serves on the Coalition’s Board of Directors. The Regional Rep is responsible for being your voice on the FRYSCKy Board and for sharing information with you that the Coalition is doing on your behalf. I hope this solves some of your acronym confusion.

Dear Alice,

I am a new FRYSC coordinator and loving my job. I just completed my membership application to join the FRYSC Coalition and I was curious what my dues covered. Signed, NewFRYSC

Dear New FRYSC,

Your membership dues to join the Family Resource and Youth Services Coalition of Kentucky support advocacy efforts in Frankfort as the FRYSCKy Public Policy Committee works annually to educate legislators about the roles of FRYSC and to advocate for support of the program, sometimes this support is as simple as maintaining level funding or it can be to increase funds for FRYSC. First and foremost, informed decisions can only be made when information is shared and voices are heard. The Public Policy Committee spends untold hours working on behalf of ALL FRYSC each year. So, to answer your question, the membership dues cover travel and expenses of Public Policy members, supports the FRYSC Legislative Page Days, support the scholarship program that is open to all FRYSCKy members to apply for a \$500 scholarship to attend conferences or trainings. I hope this helps.

To submit your questions to Alice, simply email them to FRYSCKYCOALITION@ME.COM. Watch for your question and Alice’s response in the next newsletter.

FRYSC Notes: Highlights from around Kentucky...

Carroll County – FRYSCs received a \$50,000 donation from American German Bank. For more information, contact [Tracey Reynolds](#), YSC Coordinator.

Carroll County – FRYSCs received 750 pairs of donated shoes from the Magistrates and Commissioners Association. For more information, contact [Robin Huesman](#), FRC Coordinator.

Hardin County – North Hardin Youth Services Center is a great place to work and Patty Pfeiffer is a great Outreach Worker. She worked with the Friends of Rachel Club members on the Thankful Tree...there is something to be thankful for in every day! For more information, contact [Leslie Hall](#), YSC Coordinator



Kenton County – Twenhofel Middle School YSC led several small groups targeted towards students who were identified as at-risk for chronic absenteeism and/or truancy. These students were pulled into respective grade level groups, which met 3 times (per each grade) over the span of September and October. Group activities were designed with a focus on both boosting student skills surrounding positive attendance habits and strengthening students feelings of connectivity to the school. For more information, contact [Rose Koehler](#), YSC Coordinator.

Magoffin County – The *Stand Strength Team* visited North Magoffin Elementary. The world class athletics provided an assembly that was educational, motivational, character developing and unforgettable! For more information, contact [Carrie Allen](#), FRC Coordinator



Nicholas County - Thank you to 3 Star Industries and our Nicholas County Football Team for their donation to our Backpack Program. They donated \$25 per touchdown for our season. Our awesome team had 54 touchdowns. I have an amazing community. For more information, contact [Paula Hunter](#), FRYSC Coordinator.

Paris Independent – FRYSC collaborated with the Paris-Bourbon County Library to provide FRIDAY FUNDAYS to children participating in the Summer Feeding Program. Every Friday during Summer Feeding, students and families were encouraged to spend some time “playing together”. Different programs were offered each week and included the following: Making Instruments, Magic Tricks, Australian Music, Fun Science, Gardening, Game Day and Legos! For more information, contact [Kathy Tobin](#), FRYSC Coordinator.



Magoffin County – North Magoffin Elementary FRC along with community partners (UK Cooperative Extension, County Sheriff’s Office) hosted kindergarten camp in July. Also in attendance was State Representative, John Blanton. Students enjoyed a fun filled day of activities and parents were given informational handouts on the Brigance testing requirements. For more information, contact [Carrie Allen](#), FRC Coordinator.

Learn about WE Schools and Service Learning Opportunities

by Laura Patterson, Program Coordinator, WE Schools

Chicago (IL) • WE SCHOOLS is a unique, four-step program delivered by our educational partners in 12,300 schools and groups across North America and the UK, which challenges young people to identify the local and global issues that spark their passion and equips them with the tools to take action.

The WE Schools program provides educators and students with free curriculum, educational resources and a full calendar of action campaign ideas. Through WE Schools, students gain an understanding of the root causes of pressing issues like hunger, poverty and access to education, as they explore how they can make positive impacts. They also plan and carry out at least one local and one global action to improve their communities and the world.

Registered and participating groups get access WE DAY Kentucky. WE Day Kentucky is a theatre-sized event that brings together local celebrities, globally-recognized humanitarians, motivational speakers, and local youth for a day of inspiration and celebration! You cannot buy a ticket to WE Day, but rather, all registered groups that complete at least two projects, one with local impact and one with global impact, are eligible for tickets! Check out a preview [here](#). WE DAY Kentucky will be taking place on **Tuesday, April 16th, 2019 at the Kentucky Center for the Performing Arts**. Follow this [link](#) for more information.

Register for the program [here](#), and join the WE Movement with your students. We are so excited to learn more about the service projects you are already doing with your students, and work with you to build in ease, inspiration, and long-term impact.

For more information, please contact Laura Patterson at laura.patterson@we.org

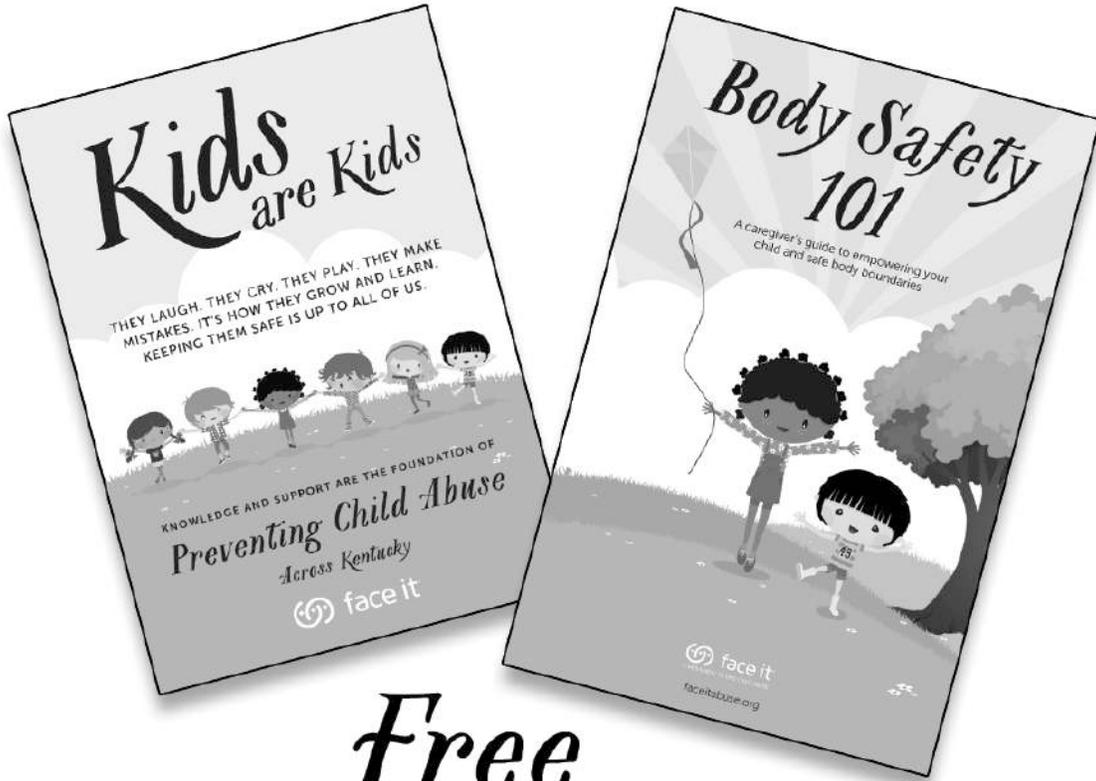


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Fall Institute 2018



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*Free
child abuse prevention
resources!*

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for your school at **faceitabuse.org**



Family Resource and Youth Services Centers Coalition of Kentucky

Sponsored by Humana Care Source
Mini-Grant Training Request Form

Center Requesting Mini-Grant:	
Coordinator's Name:	
Center Mailing Address <i>(include zip code):</i>	
Center Telephone:	
Coordinator's Email:	
School District:	
Region:	
Have you received a Mini-Grant previously? If so, when?:	
How much are you requesting for this Mini-Grant? <i>(requests may not exceed \$500)</i>	\$
If this Mini-Grant is awarded, please make check payable to: <i>(list name in box to the right)</i>	

Guidelines for FRYSCKy Mini-Grants:

1. Coordinators, who request mini-grants for training from FRYSCKy, Inc., must be an active member of the Coalition.
2. A Coalition member is limited to one mini-grant award per fiscal year.
3. Mini-grants requests must not exceed \$500.00. **Requests must include an itemized listing of how the funds will be used (i.e. airfare, lodging, registration fee, ground transportation, mileage, and/or airport parking). The Coalition does not cover food/meals or other miscellaneous costs.**
4. Mini-Grants are only paid on a reimbursement basis **(no money in advance)**. To receive the payment, mini-grant recipients must submit a one-page report highlighting their experience at the training along with a travel form and original receipts within two weeks after the event.
5. A limited amount of funds is available for mini-grants. Therefore, requests will be prioritized.
6. The training for which a mini-grant is requested must hold to the mission statement of the FRYSC Coalition of Kentucky:
"...to promote a network among those who seek to remove educational barriers of children, network with family support practitioners, other human services providers, and to learn from each other, share resources, collaborate more effectively on behalf of families, children, and youth."
7. The Board of Directors would like a description of the training for which a mini-grant is requested to accompany the request. It should include:
 - I. Name of training
 - II. How the training will benefit you professionally and benefit your children.
 - III. How the project addresses the mission of the FRYSCKy.
8. Mini-grant funds may not be used for Victory Over Violence or Fall Institute attendance. The Coalition and DFRYSC have other opportunities available to help support Coordinators' attendance at these events.

REQUESTS MUST BE SUBMITTED to the FRYSCKy Regional Representative at least 45 days prior to training event. Regional Representatives have 3 days upon submission to forward requests with signature to the FRYSCKy Board for their approval.

Signature ~ Mini-Grant Applicant: _____ **Date:** _____
Signature denotes the applicant has read the guidelines, provided the requested material, and will comply with grant requirements.

Signature ~ Regional Representative: _____ **Date:** _____
Signature denotes application is complete and that it has been forwarded for review.

Signature ~ FRYSCKy Executive Board Approval: _____ **Date:** _____
Signature denotes Mini-Grant has been reviewed and approved for funding by FRYSCKy Executive Board.

Action by FRYSCKy Inc.

Approved Denied Further Action Necessary Date: _____

Comments: _____

Photo Gallery
Honoring Community Partners & FRYSC Coordinators



Bridges Over Barriers (Non-Profit) Winner – 2018
Pilot Knob Missionary Baptist Church (Berea, KY)



Bridges Over Barriers (Individual) Winner – 2018
Marilyn Slone (Morehead, KY)



Bridges Over Barriers (Non-Profit) Winner #2 – 2018
University Club (Louisville, KY)

Harry J. Cowherd Award Winner – 2018
Lucas Vilorio, Coordinator
Sorgho FRC
Daviess County (Region 2)



What it's like to be a FRYSC Staff @ Christmas Time!



Twas the week before Christmas and all through the schools,
The FRYSC's were working and running like fools.
Carrying Angel Tree packages for families and kids
Decorating for Fun Nights, even helping to prevent SIDS

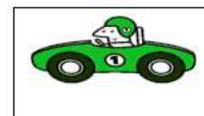
There's so many duties, just where do you start?
Only a FRYSC staff knows how to master the art
The children in the schools needed coats, clothes, and shoes
Some parents needed parenting for discipline and BOOZE.



The routine reporting, the logs, and the meetings
The grant, the budget, fundraising, and greetings
Yes, the FRYSC's still find time to be super nice
Even when they have to work in- a time to pick lice!



When out on the school yard, there arose such a clatter,
They called for the FRYSC's to help with the matter
Was it two students fighting and not getting a long?
No! Instead, it was grown ups and they were quite wrong.



The FRYSC's dropped what they were doing to help them make peace
The issue was a landlord not extending a lease
So, they got on the phone to help them find funds
Even got them help with a couch- and a car that would run!
Then, as they walked down the hall to use the restroom
Two teachers and the counselor had expressions of gloom
They stopped them with new concerns needing to be fixed
Wanting it handled right away -so as not to be mixed



As they got back to their office to start making calls,
Their e-mail gave them new concerns to fix down the halls
All needing to be handled soon-- no time to wait
And they added, "Could you do a home visit for the child always late?"

If your head is still spinning as I make this all clear
Few could keep up with FRYSC's or repeat why we're here.
We don't do it for money, for glory, or fame
We do it for reasons beyond what we name



So as we go into the New Year and celebrate the season
We keep smiling and helping others for no other reason
Other than God has given us a role- to fill in this life
The privilege of helping others; to lighten their strife
To bring smiles to children and hugs to their shoulders
To build bridges, to lighten the weight of their boulders!

To make our schools stronger and support the school staff
To make purses from sal's ears and help others laugh.
So you know who to call now- when there arises a commotion
The FRYSC's will help you and put things in motion!!



Written December 2007 by: Teresa Edlin --- Veteran Coordinator
Dedicated to every Hardworking FRYSC--- Merry Christmas With Love!
Submitted by Leslie Hall 2013



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FRYSC Faces in the Crowd

#BeTheOne #WhateverItTakes

