



Fall Institute

Family Resource and Youth Service Centers
Kentucky Community Education Association
21st Century Community Learning Centers

**SURVIVING
THE STORM
2009**

SURVIVING THE STORM

**Family Resource and Youth Services Coalition of Kentucky
Kentucky Community Education Association
21st Century Community Learning Centers**

Dear Colleague:

Fall Institute 2009 is fast approaching! We hope you have marked your calendars and are prepared to attend another exciting and informative training and networking opportunity. The partnership of our respective organizations has proven to be a benefit to each of our individual members.

This year's event promises to be another truly outstanding experience. The Institute will offer over 50 workshop selections, a service learning fair, plenty of exhibitors and a lot of great networking opportunities.

We will welcome many vendors who have products and services of interest to you and your programs; we'll provide plenty of food and entertainment; all you need to do is come with an open-mind and a willingness to learn, have fun, and relax.

Each of our groups will hold important membership and business meetings during the conference. Please review the final agenda that you receive at the conference and be prepared to attend these meetings. We look forward to seeing you in Louisville.

With Best Regards,

Tana Jones, President

Family Resource and Youth Services Coalition of Kentucky

Jill Settles President

Kentucky Community Education Association

Linda Robinson, Consultant

21st Century Community Learning Centers



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CONFERENCE AGENDA

Sunday, November 1, 2009

6:00 PM – 9:00 PM FRYSCy Board Meeting
6:00 PM – 9:00 PM KCEA Executive Board Meeting

Monday, November 2, 2009

8:00 AM Registration Opens
9:00 AM - 11:00 AM 21CCLC Meeting
9:45 AM – 11:45 AM State Community Education Advisory Council Meeting
12:00 PM-5:00 PM Exhibit Viewing Open
11:00 AM-6:00 PM KCEA Silent Auction Opens
1:00 PM – 2:45PM OPENING SESSION- “Pursuing Happiness”
Keynote Speaker: Mark Liston, BA, M.Div., Ed.S., LPC
2:45 PM– 3:00 PM Break
3:00 PM - 6:00 PM MANDATORY - New Community Education Director’s Training
3:00 PM – 4:15PM Concurrent Workshops (10)
4:30PM – 6:00 PM Networking Reception

Tuesday, November 3, 2009

7:30 AM - 8:30 AM Continental Breakfast in Exhibit Area
8:30 AM – 9:45 AM Concurrent Workshops (10)
9:45 AM – 10:15AM Break with Exhibitors
10:15 AM– 11:30 AM Concurrent Workshops (10)
11:30 AM – 11:45 AM Break
11:45 AM – 1:30 PM The DFRYSC Harry J. Cowherd Awards Luncheon
11:45 AM - 1:30 PM The KCEA Awards Luncheon
1:30 PM--1:45 PM Break
1:45 PM--3:00 PM Concurrent Workshops (10)
3:00 PM--3:15 PM Break
3:15 PM--4:30 PM Concurrent Workshops (10)
4:30 PM KCEA Silent Auction Closes
4:30 PM--4:45 PM Break
4:45 PM--5:45 PM FRYSC Membership Meeting
KCEA Meeting
5:45PM - 6:45 PM An Affirmation of Children: An Interfaith Service of Celebration

Wednesday, November 4, 2009

8:1 AM – 9:15AM Breakfast
9:00 AM - 10:00 AM Bridges Over Barriers Brunch and Awards Ceremony
9:45- 10:00 AM Break
10:00 AM – Noon Closing General Session- “Rachel’s Challenge”

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KEYNOTE SPEAKERS

Pursuing Happiness

By Mark Liston, BA, M.Div., Ed.S., LPC

If you are Pursuing Happiness... Our purpose is to encourage you to use your gifts and abilities effectively in your pursuit of happiness. The trouble is, happiness is illusive. It seems the harder we chase it, the quicker it slips through our fingers.

We learn through Positive Psychology that the path to happiness is paved by virtue. Virtue is strength of character like integrity, creativity, passion, and determination. When we recognize and use our character strengths, our confidence and willingness to grow are empowered. [See Virtues and Character Strengths by Martin Seligman and Chris Peterson; their website is www.authentic happiness.sas.upenn.edu].

To teach how to pursue happiness, we developed what Dr. Peterson says is the first character training curriculum based on Positive Psychology. That's why he directs our research. It's called C2. C2 is designed for teens but can be applied by any adult.

Mark Liston's pursuit of happiness got off to a rough start. His father screamed at him and beat him and his mother was schizophrenic, dependent, and emotionally unavailable. Due to his dad's prescription drug addiction, Mark grew up in poverty.

When he went to school, life was just as bad as he was constantly bullied and frequently beat up. At 12, Mark was totally rejected by his peer group and suffered major depression. When he was a high school senior, his father died of a malignant brain tumor, his mother's insanity and dependence worsened, and their poverty deepened. Mark struggled to overcome ADHD, relational problems, and character weaknesses.

This background could have crippled him. Mark found he needed help to overcome his insecurity and fear. Through other's help, he experienced healing and change and developed strength of character. That's when happiness came. Mark's training is in education [BA], theology [M.Div], psychology and counseling [Ed.S], communication, and mediation. He is a Licensed Professional Counselor, a board certified Professional Christian Counselor, and a Certified Mediator.

Mark has taught communication at three universities and frequently presents at various professional conferences. Speaking about Pursuing Happiness and Mending Broken Hearts is a passion. Mark enjoys playing golf and working out. His two teenagers, Erika and Josiah, helped him develop the C2 training.

Rachel's Challenge

Rachel Scott was the first person killed at Columbine High School on April 20, 1999. Her acts of kindness and compassion coupled with the contents of her six diaries have become the foundation for one of the most life-changing school programs in America. Powerful video/audio footage of Rachel's life and the Columbine tragedy holds the audience spell-bound during a one hour presentation that motivates them to positive change in the way they treat others. The program is followed by an interactive session that shows us how to sustain the momentum created. The presentation creates the "want to" or desire for positive change. The training session teaches the "how to" and ensures that the positive impact will continue. The Rachel's Challenge speaker conducts a powerful session with parents and community leaders. This session is similar to the assembly program and ends with a specific challenge to parents and community leaders, showing them how they can reinforce the decisions their youth are making. Entertainers, politicians, sports celebrities, educators, and even two Presidents of the United States have been impacted by Rachel's Challenge. However, students are the target audience and they have proven that they will respond with positive words, attitudes, and actions. Your school will never be the same after being exposed to Rachel's Challenge!

SURVIVING THE STORM

FALL INSTITUTE 2009

HOTEL INFORMATION

Conference Headquarters

The Galt House Hotel and Suites

Fourth Street at the River

Louisville, KY 40202

Tele: 502.589.5200

Fax: 502.568.3498

www.galthouse.com

Check-In Time: 3:00 PM • Check-Out Time: 12:00 PM

Making Reservations

When making your reservations, please reference that you are attending the **FALL INSTITUTE CONFERENCE**. Lodging rates are from \$110-\$130/night plus tax (depending on number of occupants) for Standard rooms in Rivue Tower and \$130-\$150 plus tax for rooms in the Suite Tower (depending on number of occupants). The room block and rates are being held through **OCTOBER 10, 2009**. After that time, reservations and rates will be on an as available basis.

Hotel Overview

As the only hotel on the waterfront, the 25-story Galt House is also the only hotel to offer magnificent views of the Ohio River and downtown Louisville. Recently, the legendary hotel has initiated a \$50 million renovation which has dramatically enhanced the property. Quite simply, it's the best location in the city.

The Galt House is just two blocks from the Kentucky International Convention Center (KICC). And equally, you're close to Actors Theatre, Riverfront parks, Louisville Slugger Museum, Louisville Science Center, Kentucky International Convention Center, Kentucky Center for the Arts, Glassworks, Slugger Field, the new 4th Street Live opportunities, and more. Find out why the legendary Galt House has been a cornerstone of Southern hospitality since 1835.

Location

The Galt House is easily accessible in the heart of downtown Louisville from either Interstate 64 or Interstate 65. Detailed directions are provided on the hotel website at www.galthouse.com or can be obtained from any of the friendly guest service representatives by calling the hotel.

FALL INSTITUTE 2009

SCHOLARSHIP APPLICATION INFORMATION

Family Resource and Youth Services Coalition of Kentucky Scholarship Policy

Scholarships for the registration fees to the annual Fall Institute are available to center coordinators who are members of the Family Resource Youth Services Coalition of Kentucky, Inc. *A limited number of scholarships may be funded by DFRYSC, but you still must provide the requested information (see below).*

Scholarship requests for center support staff will not be considered. The scholarship request form and guidelines are available from FRYSCKy, Inc., board members.

Guidelines for applying and receiving one of these scholarships are as follows:

- 1.) There will be 30 scholarships available each year.
 - a. No less than 15 of these scholarships will be awarded to centers funded at \$40,000.00 and below.
 - b. Up to 15 of these scholarships will be awarded for centers funded between \$40,000.00 and \$60,000.00.
 - c. Up to 5 of these scholarships will be awarded for centers funded over \$60,000.00
- 2.) Requests for a scholarship must be accompanied by the attached application.
- 3.) Requests for a scholarship must be accompanied by the center's allocation budget and budget narrative.
- 4.) Written justification for needing the scholarship will be provided by the center coordinator.
- 5.) Priority will be given to Centers who have not received a scholarship before or who have gone the longest without receiving a scholarship.
- 6.) Any coordinator receiving a scholarship is required to provide the Coalition with written notification two weeks prior to the conference start date, if he/she becomes unable to attend the Fall Institute. Any coordinator failing to do so will be required to reimburse the scholarship.
- 7.) The scholarship committee of the Coalition will select the recipients of the scholarships.

**Family Resource and Youth Services Coalition of Kentucky
Fall Institute Scholarship Application**

Center Name: _____

Address: _____

Coordinator Name: _____

Phone Number: _____

Fax Number: _____

Email Address: _____

Are you a member of FRYSCKy? Yes No

What is the funding level of your center?

(Please Check One:)

_____ Below \$40,000.00 per year

_____ Between \$40,000.00 and \$60,000.00 per year

_____ Over \$60,000.00 per year

Have you ever requested and received a Fall Institute Scholarship for the Coalition before? Yes No

If yes, when: _____

(Year)

Please provide justification for applying for this scholarship:

Please attach a copy of the Center's allocation budget and budget narrative.

I do hereby agree that upon receipt of the requested scholarship to the Annual Fall Institute of Family Resource Youth Services Centers from the FRYSCKy, Inc to provide written notification two weeks in advance of the conference start date of my inability to attend said conference. Furthermore, I do hereby acknowledge that failure to do so will result in my being billed for the conference registration fee and do hereby agree to pay the registration fee in full. Furthermore, I also acknowledge that failure to provide a proper notification will result in my being ineligible to submit a scholarship application in the future.

Coordinator Signature: _____

Date: _____

Superintendent/Designee Signature: _____ Date: _____

2009 CONFERENCE REGISTRATION

REGISTRANT INFORMATION (for multiple registrations, please copy this form and complete for each individual)

First Name _____ Last Name _____

Title _____

Agency _____

Address _____

City _____ State _____ Zip _____ County _____

Phone _____ Fax _____ Email _____

Please circle all that apply for your job affiliation(s): FRYSC 21CCC Community Educator Other _____

REGISTRATION FEES

General Conference Registration includes general sessions, workshop sessions, exhibit showcase, reception, awards luncheon, and closing brunch. Conference begins at 1:00 PM on Monday, November 2, 2009.

	Registration Fee	Total
<input type="checkbox"/> Member* <small>(*Must provide proof of current membership to FRYSCKY, Inc. or KCEA)</small>	\$160.00	\$ _____
<input type="checkbox"/> Super Saver <small>With SuperSaver payment, I want to be a member of: FRYSCKY or KCEA (Circle One)</small>	\$200.00	\$ _____
<input type="checkbox"/> Non-Member <small>I do not wish to be a member of: FRYSCKY or KCEA</small>	\$250.00	\$ _____

One Day Registration

Any Day (circle one) _____ \$99.00 \$ _____

Monday **Tuesday** **Wednesday**

.....
Grand Total Enclosed: \$ _____

PAYMENT INFORMATION

Include purchase order or a check made payable to:

FRYSCKY, Inc.
FEIN: 61-1227454

Mail payment and registration form to:

Fall Institute Registration
 2220 Nicholasville Road
 Suite 110-333
 Lexington, KY 40503

PH: 859-333-4209

Email:
 FRYSCKYCOALITION@me.com

Check Enclosed
 U.S. Funds Only
 FEIN #61-1227454

Purchase Order Enclosed
 PO# _____

Confirmation/Refund Policy

No refunds will be given unless a written request is received on or before October 16, 2009. A \$45.00 processing fee will be deducted from all refunds issued. No refunds will be made for cancellations after that date.

For Office Use Only

2009 Fall Institute

Tentative Workshops

- FRC Responding to Natural Disasters (sponsored by DFRYSC)
- From Service Learning to Proficiency
- Parents: A Resource in Any Storm
- STORM WATCH! ~ Home Visits
- Connecting Parents to College Access
- On the Level...Positive Guidance and Discipline
- Making Data-Driven Program Improvements
- Summer and Part-Time Job Development (sponsored by DFRYSC)
- Blueprints of Positive Youth Development
- Help for New Community Education Coordinators
- All Aboard! Becoming Relevant in the Secondary School Environment
- Evidence-Based Homework Help Strategies that Really Work
- Big Smiles Dental Program
- Recognizing Symptoms of Domestic Abuse
- Perfecting the Advisory Council Meeting (sponsored by DFRYSC)
- College Bound – Not Jail Bound...What Does It Take to Break the Cycle of Intergenerational Violence?
- Building a Youth-Guided System of Care for Youth with Emotional, Behavioral, and Substance Abuse Disorders
- Positive Discipline: Solution-Based Problem-Solving
- E-Mentoring for a Purpose
- Enriching Family Mealtimes
- How Do We Strengthen Families to Strengthen Communities
- Kentucky Parent Information Resource Center
- Planning for the Long Haul: How Do We Achieve Sustainable Change?
- Pieces and Parts of Family Literacy: Fitting Together all Four Pieces of the FRC Family Literacy Puzzle (sponsored by DFRYSC)
- Civic Engagement: Why Is It So Important
- New Directions for Understanding Resources for Children & Adults w/ Disabilities
- Attracting and Retaining Middle and High School Students in Out-of-School Time Programs
- Change Your Thinking: The Keys to Opening Doors and Minds
- Teen Pregnancy: What Can Schools Do?
- Creating the Poverty Considerate School
- Planning for the Long Haul: How Do We Achieve Sustainable Change?
- Babies and Toddlers: What's FRYSC Got to Do with It? (A New Look at the Families-in-Training component) (sponsored by DFRYSC)
- Career Exploration (sponsored by DFRYSC)
- Working with Military Families
- Mardi Gras – 21st Century Style
- Understanding the Goal of the Health Services Component
- Talking Dollars and Sense with Parents and Kids
- When a Home Visit Takes You to a Meth Lab
- MANDATORY ~ New Community Ed Director's Meeting

Louisville, Kentucky

November 2-4, 2009

FRYSCKY, INC.
2220 NICHOLASVILLE ROAD
SUITE 110-333
LEXINGTON, KY 40503